

Ageing in Place in Hong Kong, from Present to Future:

The Elderly Services Programme Plan (ESPP)

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Policy Review in HK: An example in elderly services

- <u>2014-2015 CE Policy Address</u>: assign a key policy task for Elderly Commission to do a Policy Review as well as to map the future services up to 2030:
- Elderly Services Programme Plan (ESPP)

Why Review at this point?

- No programme plans or reviews since 2000
- Demands from professionals/public/NGOs
- Services to the elderly accounted for 19% (and escalating) of the total expenditure
- Cries for more staff & space
- Big data are more available: e.g. health profile, poverty line, population ageing
- EC's own commissioned studies: residential & community supports (2009-2011)

Why EC?

- EC is a policy advisory body directly accountable to CE
- EC has a remit to advise on and co-ordinate elderly policies
- EC has all the key players: Government Bureaus & experts
- With LWB as the secretariat: primarily concerning those elders in need

The preparation: setting up a separate & independent mechanism

- Working Group for ESPP under the EC
- A special team to support the Review: 1xPAS(D2), 1xEO & 1xSecretary
- Commissioning a team of consultants for drawing up the plan, public consultation & implementation
 Team consisting academics & professionals from 5 universities led by HKU

Policy Review Objectives for Elderly Services

- Principles in Long-Term Care Policy for the Elderly Care:
 - Enabling our elderly citizens to live in dignity and providing necessary support for them to promote their sense of belonging, sense of security and sense of worthiness;
 - Ageing in place as the core, institutional care as back-up
 - Those who are most in need should have priority in using subsidized LTC services

Three phases of the Review: The forming Stage: October 2014 – January 2015

- To collect service items stake holders frequently concerned with
- Target user respondents: SEs, DEs, primary carers & service providers
- Methods: surveys, in-depth interviews & focus groups

➔ More social welfare focused; so team's effort to get a broader base response, health, housing, transport, education etc..esp. those age friendly items

Scoping stage: February 2015 - August 2015

- Data collected from the forming stage to form initial theme priorities (6):
- Defining 'old age' for services
- **Provision of services:** active ageing, community support & care, carer support, residential care, interfaces for services & service quality monitoring
- Staffing & training
- Space & facilities
- Funding & sustainability
- Others: including but not limited to: demented, ethnic minorities & end of life care

Scoping Stage: February 2015 - August 2015

• Methods: 20+ workshops

- 5 public consultations (town Hall type)
- Report refined as we go along: <u>http://espp.socialwork.hku.hk/images/scopingreport/Scoping</u> <u>ReportFinal.pdf.pdf</u>
 - 400+ policy items after the workshops
 - provided to public in the 5 public consultations
- Working Group meetings to endorse the processes & reports
- Submitted to EC for acceptance & ways forward

Building Consensus: September 2015 - December 2015

- December for initial policy framework
- Jan Feb 2016 preparation
- March-May 2016 Consensus building work
- June-August 2016 final ESPP
- September 2016 EC approval
- October 2016 Final report to CE

Responding to UN MIPAA & WHO Age Friendly calls

- UN MIPAA = Madrid International Plan of Action on Ageing 2002, a policy framework for ageing society
- WHO Age Friendly Cities protocol = WHO accredits a place for age friendliness based on 8 domains, now harmonized into
- the 4 Priority areas of Active Ageing below



Insights Gained

- Not as contentious as it was expected
- Occasional objections for out-of-line demands e.g. vouchers not to be allowed in private sectors
- What public wants = LEGCO agrees
- New issues: disabled & carers getting old
- ESPP will form a new consultation standard for new policy or policy reviews

Selected Items for Action

Social & Health Services

- Services & policy integration: all bureaus
- Services to support dementia care: all ages starting from schools
- Training for elder care workers: adoption of QF
- Premises for integrated uses (all ages, more flexibilities)

Securities

- Housing for elders, all types: land allocation for HKHS?
- Retirement protection for those in need: World Bank's 5-pillars ?
- Post retirement employment: employees & employers preparation?

Participation

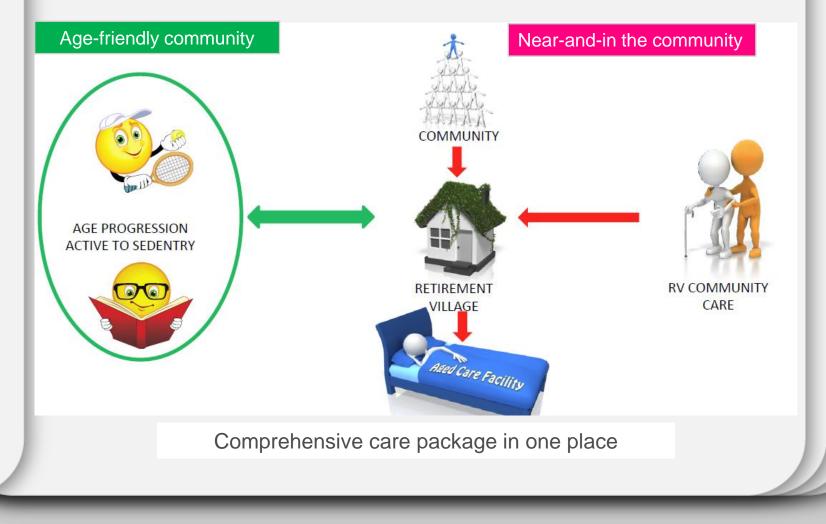
• Life long learning & volunteering: more structured & systematic

Living Environment

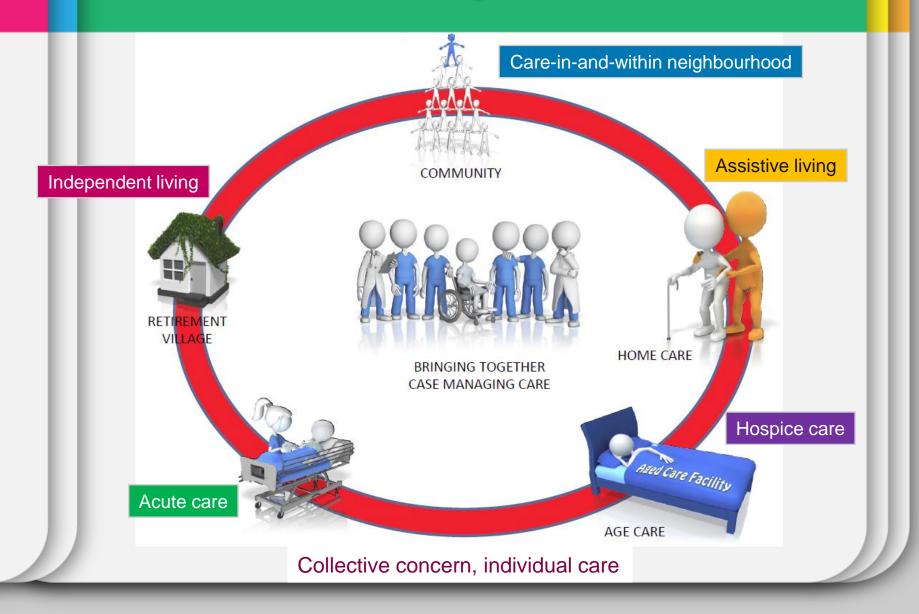
- Universal & barrier free living: transport & physical environment
- Affordable & accessible housing & supportive facilities: shelter of comfort
- Uses of assistive living technologies e.g. location & mobility devices: LTC

A glimpse into the future: everything-in-place

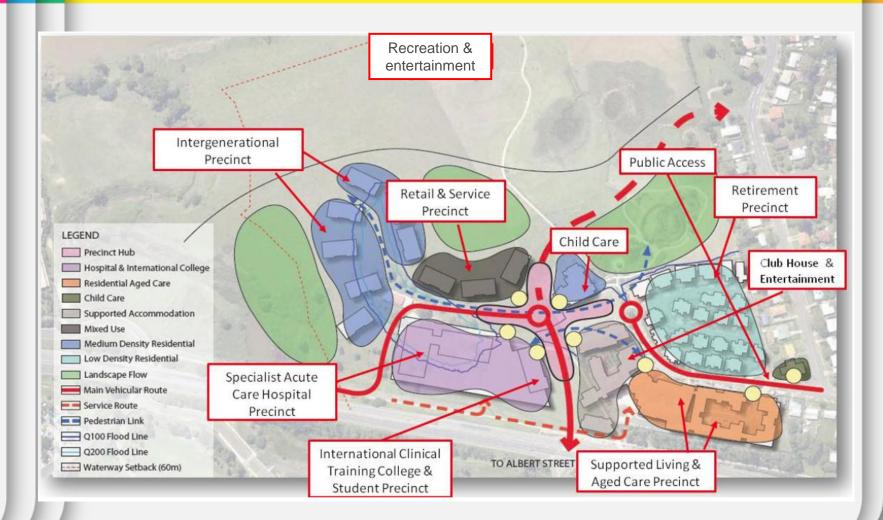
Community for ageing NOT ageing community



Future Long Term Care



Ageing in situ, 1-hour living circle



Whichever policy, whatever you do, always remember: Save! Save! Save!

One simple message for every citizen from young to old:

Save MONEY Save HEALTH



Save FRIENDS (young ones!!!)

